



# REACH FOR THE BATON

**The Sandbox Sessions:  
Try out Conducting!!**



Comhairle Chontae na Gaillimhe  
Galway County Council



## Information for Active and Observer Participants

**Thank you for applying for the Sandbox Sessions. We are really looking forward to meeting you at your workshop in January! Here is some useful information to help you prepare, and find the sessions!**

### Repertoire & Score Preparation:

The repertoire for your workshop will be the 1<sup>st</sup> & 2<sup>nd</sup> movement of Mozart *Eine kleine Nachtmusik* and the 1<sup>st</sup> & 2<sup>nd</sup> movement of Warlock's *Capriol Suite*. Choose your favourite 1<sup>st</sup> movement to prepare in detail, then choose the second movement from the other piece! For example, choose the 1<sup>st</sup> movement of the Mozart, and then the 2<sup>nd</sup> movement of the Warlock OR, the 1<sup>st</sup> movement of the Warlock and the 2<sup>nd</sup> movement of the Mozart.

**Download your scores, more detailed instructions, as well as tips on score preparation from [www.iverniaarts.com](http://www.iverniaarts.com)**

**We encourage observer participants to prepare their scores as thoroughly as possible to get the most from the session!**

### Workshop Schedule for Athenry (8<sup>th</sup> January ) & Limerick (15<sup>th</sup> January)

**11:45am Arrival & Registration (payment of €20 fee for active participants)**

**12:00 - 1:30pm: Group lesson on the basics of conducting (active & observer participants)**

- What does a conductor do?
- How to move your hands to convey the information the players need?
- A look at the repertoire you have been preparing.

**1:30 - 2:00pm: Break**

- Water, squash, tea and coffee will be provided
- Bring along your own lunch if you like.
- The closest shops are a 10 minute drive from the venue.

**2:00 - 4:00pm: Conducting session with string quartet** (only active participants will conduct the string quartet, but passive participants should stay to observe and learn from their colleagues)

- Your chance to try out your skills as a conductor with a professional string quartet guided by conductor Sinead Hayes.
- You will have at least 10 minutes of guided conducting time with the quartet.
- The first person up gets a bonus 5 minutes extra at the end - bravery is rewarded!

**4:00 - 4:30pm: Workshop Wrap Up**

- Some ideas on future directions to take in your exploration of conducting.

**Workshop Location:**

On your confirmation e-mail, we will have confirmed the location for your workshop – either Athenry or Limerick.

- **Session 1:** Sunday 8th January 11:45am - 4:30pm Athenry Music School, Athenry Co. Galway, H65 PD85 [Map Here](#) Free and plentiful parking is available beside the venue.
- **Session 2:** Sunday 15th January 11:45am - 4:30pm Irish Chamber Orchestra Studio, University of Limerick, Cappavilla Student Village, Garraun Limerick. [Map Here](#) There is plenty of free parking available near the venue.

**Can parent/guardian/friends/relations sit in on the Sandbox Session?**

Space in the workshop room is limited, so one parent/guardian per participant/observer can sit in on the session.

**Will there be refreshments during the Sandbox Session?**

Water, squash, tea and coffee will be available during the break in the session (at 1:30 - 2:00pm) Please bring along your own lunch if you like!

**Can I bring my instrument and play along with the quartet?**

Yes, of course - if you are a proficient player you are welcome to join, but you will learn a lot from watching your colleagues conduct, so you can decide on the day.

**Do I need a baton to participate in the Sandbox Sessions?**

If you would like to use a baton, you are very welcome to do so, although it is not necessary. We will be focussing on learning to work with your hands in the session. If you would like to buy a baton, your local music shop should be able to help!

If you have any further queries please don't hesitate to contact us on [iverniamusicberlin@gmail.com](mailto:iverniamusicberlin@gmail.com) or [athenrymusicschool@gmail.com](mailto:athenrymusicschool@gmail.com).

**For contact on the day of the workshop, please phone/WhatsApp  
087 7816811**